



TACHÉ COMMUNITY DAY CARE

From Our Kitchen To Yours:

The winter season will be filled with fresh homemade baking, hearty soups, stews and casseroles. The children love to help me prepare some of my baking and they are getting really good! If you have recipes that you would love to share drop them off in the kitchen anytime. We always love new ideas. Remember that Taché Community Day Care is a peanut-free centre.

From Deborah, The Cook

Menu A

(December 24-28)

	Monday	Tuesday	Wednesday	Thursday	Friday
AM SNACK	Cereal Bananas Milk	Apple Sauce Graham Crackers Milk	Toast Jam Oranges/Apples Milk	Yogurt Arrowroot Cookies Orange Juice	Bagels Cream Cheese Bananas Milk
LUNCH	Vegetable Soup Cheese Buns Apples	Soft Tacos Cucumbers Tomatoes Pears	Chicken Nuggets Tator Tots Corn Apples	Cheese & Salami Sandwiches Carrot Sticks Bananas	Hotdogs Fries Vegetables Pears
PM SNACK	Trail Mix Cheese Apple Juice	Cookies Bananas Milk	Ritz Crackers Cheese Whiz Tuna Spread Apples	Taco Chips Salsa Cheese Grape Juice	Rice Krispies Squares Bananas Milk
All Lunches are served with Milk!					

Menu B

(December 31-January 4)

	Monday	Tuesday	Wednesday	Thursday	Friday
AM SNACK	Fruit Cocktail Digestive Cookies Milk	Cereal Bananas Milk	Raisin Toast Cream Cheese Oranges/Bananas Milk	Yogurt Animal Cookies Orange Juice	Cereal Raisins Pears Milk
LUNCH	Mac & Cheese Weiners Carrot Sticks Pears	Ham/Cheese Buns Mushroom Soup & Crackers Cucs/Grapes	Chicken & Veggie Cantonese Mini Spring Rolls Plum Sauce Grapes	Noodles & Tomato Sauce Rye Toast Garlic Sausage Carrots/ Apples	Debbie's Homemade Pizza Salad Tomatoes/Oranges Apples
PM SNACK	Muffins Cheese Raspberry Juice	Pudding Cookies Milk	Smores Bananas Milk	Oatmeal Cookies Bananas Milk	Cheese & Crackers Pickles Apple Juice
All Lunches are served with Milk!					

Menu C

(December 10-14)

	Monday	Tuesday	Wednesday	Thursday	Friday
AM SNACK	Cereal Oranges Apples Milk	Apple Sauce Arrowroot Cookies Milk	Waffles Bananas Syrup Milk	Yogurt Graham Wafers Orange Juice	Bagels Cream Cheese Peaches Milk
LUNCH	Chicken & Cheese Wraps Veggies and Dip Grapes	Tomato Soup Crackers Bologna Sandwiches Carrots/Apples	Chicken Breast Noodles & Sauce Peas Pears	Hamburger Stew Bread & Butter Apples	Pancakes Pork Sausage Syrup Cucumbers Bananas
PM SNACK	Trail Mix Apples Milk	Cookies Bananas Milk	Cheese & Crackers Garlic Sausage Apple Juice	Muffins Apples Milk	Taco Chips Cheese Salsa Milk
All Lunches Are Served With Milk!					

Menu D

(December 17-21)

	Monday	Tuesday	Wednesday	Thursday	Friday
AM SNACK	Nutri-Grain Bars Apples Oranges Milk	Fruit Cocktail Animal Crackers Milk	English Muffins Cheese Whiz Apples Milk	Yogurt Cinnamon Toast Orange Juice	Cereal Bananas Milk
LUNCH	Spaghetti & Meat Sauce Tomatoes Cucumbers Apples	Chicken Noodle Soup Dinner Buns Pears	Garlic Sausage Cheese Perogies Sour Cream Sweet Peas Pears	Mush. & Beef Casserole Green Beans Rye Bread Apples	Chicken Quesadillas Cucumbers Oranges/Apples
PM SNACK	Pudding Cookies Grape Juice	Cinnamon Twists Bananas Milk	Crackers Spinach Dip Apples Milk	Cookies Bananas Milk	Ice-Cream Cones Cherry Juice
All Lunches Served With Milk!					

